

Appendix 3: Revised structure at levels 1 to 4 for recognising the competence and qualification of coaches¹

Keywords/Level/role	Level 1: Apprentice Coach	Level 2: Coach	Level 3: Senior Coach	Level 4: Master Coach
Assist	x	x	x	
Plan	(x)	x	x	x
Deliver	(x)	x	x	x
Review	(x)	x	x	x
Supervise		x	x	x
Mentor		(x)	x	x
Coordinate		(x)	x	x
Manage			x	x
Innovate/research			(x)	x
Plan strategically			(x)	x
TASKS	To assist in coaching one or more sportspersons or athletes, delivering aspects of supervised coaching sessions.	Prepare for, deliver and review coaching sessions.	Plan, implement and review annual coaching sessions.	Plan, implement, analyse and revise multi-annual coaching programmes.
COMPETENCE	Practice basic coaching competences	Basic coaching competence.	Advanced coaching competence.	Advanced coaching competence, innovation and leadership.
ACTIVITIES				
Training	Organise participants, facilities and equipment under supervision. Conduct sessions or parts of sessions under supervision Review sessions under supervision	Plan training sessions, taking account of participant needs Organise and conduct safe and effective training sessions Review training sessions	Plan training sessions and annual plans, taking account of participant needs Organise and conduct safe and effective training sessions and season plans Review training sessions and season plans	Plan training sessions, annual and multi-annual plans, taking account of participant needs Organise and conduct safe and effective training sessions, season and multi-season plans Review training sessions, season and multi-season plans
Competition	Organise safe competitions, conduct and review coaching at competitions under supervision	Plan and Organise safe competitions, in line with the needs of participants. Conduct and review coaching at competitions	Plan and Organise safe competitions and annual competition plans, in line with the needs of participants. Conduct and review coaching at competitions and as part of annual competition plans	Plan and Organise safe competitions, annual and multi-annual competition plans, in line with the needs of participants. Conduct and review coaching at competitions and as part of annual and multi-annual competition plans
Management	No role	Coordinate the development of sportspersons through the delivery of a series of coaching sessions and competitions	Plan, organise and review the management of participant careers; other coaches and the integration of sports science experts and others	Plan, organise and review the management of participant careers; other coaches and the integration of sports science experts and the wider organization
Education	Assist in the education of participants	Plan, organise, conduct and review education of participants and apprentice coaches	Plan, organise, conduct and review the education of participants, parents, other coaches and the wider organization	Plan, organise, conduct and review the education of participants, parents, other coaches and the wider organization
Admission conditions	Pending discussion	Pending discussion	Pending discussion	Pending discussion
Minimum duration	Pending discussion	Pending discussion	Pending discussion	Pending discussion

¹ This table applies to coaches of participation-oriented sportspeople (beginners and participation/non-high performance sportspersons), as well as to coaches of competition-oriented participants (talent identified athletes/high performance athletes). The organisation of coach education programmes should consider these classifications, although it is recognised that there will be sport and country specific variations.